# littering

To diminish its impact, we can pitch in through the following actions:



Renew: replace disposable containers.

> Change of mind: opt for bulk products.

Reduce: your plastic footprint by opting for reusable products.

Reuse: plastic items to extend their lifespan.

Recycle: pitch in with waste separation and collection efforts.



Mend: patch up broken or damaged items to cut down on waste.



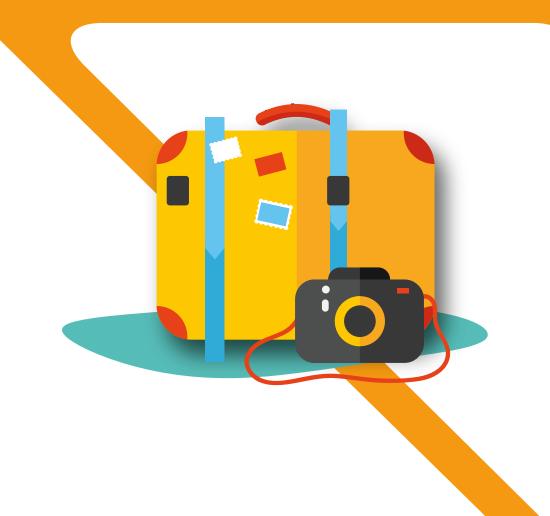
Translation into the english language: Prof. Mario Alberto Huitrón Ibarra.



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# What you need to know before booking



Are you going on vacation and need to check in at a hotel?

Please take the following factors into consideration:

- Consider the budget you'll be working with during your vacation.
- Evaluate different options.
- Prices go up during the high season, if feasible, plan your trip for the low season.
- When booking online, ensure that the website secures your information and lays out all details about the hotel, including taxes and service fees.
- Review the cancellation policies.
- Once the payment is processed, it's vital to print and retain the receipt for any future inquiries or potential claims. "Paper speaks".









Translation into the english language: Prof. Mario Alberto Huitrón Ibarra.

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### Sustainable Development Goal No. 6

#### Clean water and sanitation for all by 2030

With only seven years left until 2030, it is urgent that we all participate in different actions to promote responsible and sustainable consumption.



Reuse water in various activities.



Refrain from dumping trash into rivers and lakes.



Instruct the younger generations on the significance of looking after and using water in a restrained manner.



Use only biodegradable products to reduce pollution.



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### Basic Consumer Rights

Familiarize yourself with them, empower yourself, and reach out to Profeco to uphold them!

The right to information to make better purchasing decisions.

The right to choose based on quality and price comparison without any pressure or conditions.

The right to consumer education.



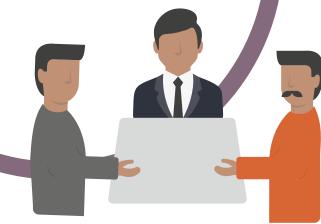


The right to ensure the safety and quality of goods and services that adhere to the relevant regulations.

The right to not be discriminated against.



The right to be looked after and advocated for by Profeco.



The right to seek compensation, a replacement, or a refund for substandard products.





Translation into the english language: Prof. Mario Alberto Huitrón Ibarra.



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# Environmental problems

that should concern us



- 1 Climate change
- 2 Pollution
- 3 Deforestation
- 4 Soil degradation
- Energy
- 6 Water scarcity
- 7 Species extinction and loss of biodiversity
- 8 Invasion and illegal trafficking of species
- 9 Waste
- 10 Overfishing

## Ourplanet needs us!

Our planet is currently experiencing severe environmental issues that demand immediate action to mitigate or prevent them.

### Take action!



Respect and care for nature and its resources



Support local products



Reduce food waste



Recycle at home and outside



Prefer renewable energy

Make responsible and sustainable consumption a priority!



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### WhatsApp Scams



Through WhatsApp, you can fall victim to scams, have your personal data pilfered, your identity taken on, or your mobile phone exposed to viruses.



If you receive messages from unknown numbers peddling money, job opportunities, gifts, soliciting financial help, or sharing a code with you.

#### Preventive recommendations:



Received a strange message from an unknown number? Check it with your contacts. Your account may have been compromised.



Refrain from clicking on any links within the message.



Refrain from divulging information or transmitting personal documents.



Set up 'two-step verification' to safeguard your account against potential hacking.

Reach out to 088 if you fall prey to fraud or cybercrime!



Translation into the english language: Prof. Mario Alberto Huitrón Ibarra.



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